

573 athletes took part in the third edition of the AronaMen 112.9 Triathlon. A torrid day accompanied the participants all over the courses, but it was a great race.

The individual race started at 7 am. The first athlete out of the water was Gabriele Mazzetta, who eventually was forced to withdraw from the race in the run leg. During the bike several athletes took the leadership, but in the end it was De Paolis who established himself as the leader of the race and never looked back. His winning time was 4:11:24, behind him Bruno Pasqualini and Simone Mantolini.

Sara Dossena put on a show in the women's race, especially in the run leg which she

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completed in a stunning time of 1:19:40, even faster than the men's. Martina Dogana claimed second and Monica Cibin was the other athlete to complete the podium.

Great work of the Cuneo Triathlon who organized the event, thanks to the volunteers who supported the athletes.

14.000 glasses, 2,000 litres of water, 800 litres of salts, 200 kg of bananas, 1,000 peaches, 45 kg of ice-cream, 1,200 ice lollies, 1,000 litres of cold tea, 800 bars and 700 gels.

Thanks to the Arona's Sport Council Member Federico Monti who coordinated all the volunteers on the run course.

Thank you to Lega Navale, la Croce Rossa, i Radioamatori di Arona, Regione Piemonte, Provincia VCO e Novara, City Councils of Arona, Stresa, Baveno, Lesa, Miasino, Meina, Distretto Turistico dei Laghi, Ente Fiera del Lago Maggiore, Pro Loco di Arona, Radio DeeJay, Tuttosport, Mizuno, Selle San Marco, Orsobianco Dolciaria, Acqua Lurisia, Penta Power, Aqua Sphere, Nicetto Ponteggi, Caseificio Valle Stura, Ford Azzurra, Pizzeria Aldo, Café de la Sera, Il Gelato e Dintorni; C.I.V.I.S. for the safety and Studio Falcetta for the massages.

# Men

1 DE PAOLIS LUCA S4 0 FORHANS TEAM **04:11:24** 00:33:57 13 00:01:48 02:17:21 1 39.32 01:20:06 1 03:48

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2 PASQUALINI BRUNO M1 0 A.S.D. TORINO TRIATH **04:12:45** 00:01:22 00:31:41 3 00:01:40 02:19:44 3 38.65 01:21:21 2 03:52

3 MANTOLINI SIMONE S3 0 FIT PROGRAM **04:16:17** 00:04:54 00:31:49 4 00:01:41 02:20:03 5 38.56 01:24:26 5 04:01

4 CASALI CRISTIAN S3 0 SURFING SHOP TRIATHL **04:22:21** 00:10:57 00:34:34 16 00:01:50 02:26:14 13 36.93 01:21:33 3 03:52

5 MATTOCCIA MIRKO S4 0 ROMA TRIATHLON **04:22:36** 00:11:13 00:34:08 14 00:01:48 02:23:40 9 37.59 01:24:49 6 04:02

# Women

- 1 DOSSENA SARA S2 0 TRIATHLON CREMONA ST **04:23:21** 00:33:02 4 00:01:45 02:30:40 1 35.84 01:19:40 1 03:47
- 2 DOGANA MARTINA S3 0 TRIATHLON CREMONA ST **04:28:04** 00:04:44 00:33:02 3 00:01:45 02:31:26 2 35.66 01:23:37 2 03:58
- 3 CIBIN MONICA S4 0 FORHANS TEAM **04:32:33** 00:09:13 00:32:17 1 00:01:42 02:31:56 3 35.54 01:28:20 3 04:12
- 4 FIORI CAROLA M1 0 SVI- **04:57:43** 00:34:23 00:40:39 10 00:02:09 02:39:44 5 33.81 01:37:21 5 04:38

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5 STEFANI ANGELA M1 0 IRONWOMAN <b>04:58:32</b> 00:35:11 00:39:23 8 00:02:05 02:38:44 4 34.02 01:40:26 8 04:46
Relay Teams
Men
1 TEAM CYCLINGBIS LA GOCCIA 2 SACCO ALAN PIEMONTESI FABRICE BIANCO FRANCESCO 03:53:11 00:29:46 3 00:01:34 02:11:00 2 41.22 01:12:26 1 03:26
2 <b>MR TRI</b> PIANTANIDA EDOARDO CHOCOL MICHEL BRASSINI MAURIZIO <b>03:54:12</b> 00:01 01:00:31:11 7 00:01:39 02:07:13 1 42.45 01:15:49 2 03:36
3 <b>ALL SAINTS</b> NOVELLA DIEGO PASTORE MARCO CHIARINI ALESSANDRO <b>04:08:13</b> 00 15:02 00:29:31 2 00:01:34 02:20:22 6 38.47 01:18:21 3 03:43
Women

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- 1 **LE RAGAZZELLE** CAIRONI NICOLE FASOLIS COSTANZA SOLIMAN MARTINA **04:35:01** 00:41:50 00:31:36 2 00:01:40 02:36:00 2 34.62 01:27:26 2 04:09
- 2 **KEEP CALM** SILVANI PAOLA PASTORE PAOLA MARIN FRANCESCA **04:37:20** 00:44:09 00:35:03 5 00:01:51 02:38:00 4 34.18 01:24:18 1 04:00
- 3 **LE TREGGINE** MONETA STEFANIA FUSTINONI DEBORA FERRARI DANIELA **04:39:12** 0 0:46:01 00:34:13 4 00:01:48 02:36:26 3 34.52 01:28:34 5 04:13

#### Mixed

- 1 **RESILIENCE** MARELLI ORIANA DUCA FABRIZIO SCIANI REMO **04:19:01** 00:25:50 00:38:33 6 00:02:02 02:18:25 1 39.01 01:22:04 1 03:54
- 2 **TEAM CYCLINGBIS LA GOCCIA** 2 GIAVANI MARTINA SANZONE LUIGI GASPAROTTO DIEGO **04:19:14** 00:26:04 00:34:25 2 00:01:49 02:20:39 2 38.39 01:24:11 2 04:00
- 3 449 **BEATO TRA LE DONNE 3** SCALAMBRA ELISA TABORELLI GIANCARLO CRETU ANA MARIA **04:33:11**

00:40:00 00:40:38 8 00:02:09 02:23:43 3 37.58 01:28:51 4 04:13